

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 Morning Prayer - CR 10:00 Church/Religious Services - Check Dailies For Details 1:30 Movie & Popcorn - RT Featuring: TBD 3:00 Snack & Refreshment - CR	10:00 Massages* - 10am, 11am, Noon & 1pm 10:30 Simple Stretching - CR 11:00 Oldie TV Series - CR 2:00 1:1 Room Visits 3:00 Card Games - CR	10:30 Chair Yoga - CR 11:15 Horses in the Courtyard! 1:00 Acupuncture* 1pm, 2pm, 3pm & 4pm 1:00 1:1 Room Visits 2:30 BINGO & Wet Your Whistle - CR 3:00 WU How to Start a Walking Program: Simple Steps that are Easy & Fun (MLR)	10:30 Dominoes - CR 2:00 Creative Expressions/Crafts - CR 2:00 WU Calming Coloring (DWDR) 3:00 Current Events - CR	10:30 Horses in the Courtyard! - CR 3:00 Spa/Manicures - CR 6:00 Current Events	9:30 Board games & Fun- CR 9:30 WU Friday Flower Arranging Series: History of the Flower of September (DWDR) 1:30 Armchair Travel in Club Room: Discovering Iran 3:00 WU I Scream, You Scream: Let's Make Ice Cream! (DWDR) 3:00 Chaplain Visit/Rounds 3:45 Canine Visitor	10:00 Morning Westerns - CR 3:30 Independent Jigsaw Puzzles - CR 4:15 Music For the Soul - CR 6:30 Sunset from the Patio
1	2	3	4	5	6	7
8:00 Morning Prayer - CR 10:00 Church/Religious Services - Check Dailies For Details 1:30 Movie & Popcorn - RT Featuring: TBD 3:00 Snack & Refreshment - CR	10:00 Massages* - 10am, 11am, Noon & 1pm 10:30 Outing in the Van 11:00 Oldie TV Series - CR 2:00 1:1 Room Visits 3:00 Card Games - CR	9:00 WU Where Anthropology Intersects with the Horse & Human Experience (ST) 10:30 Chair Yoga - CR 11:15 Horses in the Courtyard! 1:00 Acupuncture* 1pm, 2pm, 3pm & 4pm 1:00 1:1 Room Visits 2:30 BINGO & Wet Your Whistle	10:30 Dominoes - CR 2:00 Creative Expressions/Crafts - CR 3:00 Current Events - CR	10:30 Horses in the Courtyard! - CR 2:30 Resident Council - LR1 3:00 Spa/Manicures - CR 3:00 WU Makeover W/Jizelle (SCR) 6:00 Current Events	9:30 Board games & Fun- CR 1:30 Armchair Travel in Club Room: Great State of Oaxaca 2:00 1:1 Room Visits 3:00 Chaplain Visit/Rounds 3:45 Canine Visitor	10:00 Morning Westerns - CR 3:30 Independent Jigsaw Puzzles - CR 4:15 Music For the Soul - CR 6:30 Sunset from the Patio
8	9	10	11	12	13	14
8:00 Morning Prayer - CR 10:00 Church/Religious Services - Check Dailies For Details 1:30 Movie & Popcorn - RT Featuring: TBD 3:00 Snack & Refreshment - CR	10:00 Massages* - 10am, 11am, Noon & 1pm 10:30 Meet, Let's Beat (Jamaican Drums) - CR 11:00 Oldie TV Series - CR 2:00 1:1 Room Visits 3:00 Card Games - CR	10:30 Chair Yoga - CR 11:15 Horses in the Courtyard! 1:00 Acupuncture* 1pm, 2pm, 3pm & 4pm 1:00 1:1 Room Visits 2:30 BINGO & Wet Your Whistle - CR 3:30 WU Native American Flute (DWCY) 3:30 Sensory Circle - CR	10:30 Dominoes - CR 2:00 Creative Expressions/Crafts - CR 2:00 WU Conversational Coloring with John (CWDR) 2:30 WU Sushi Rolls Part II (MDR) 3:00 Current Events - CR	10:30 Horses in the Courtyard! - CR 3:00 Spa/Manicures - CR 6:00 Current Events	9:30 Board games & Fun- CR 1:30 Armchair Travel in Club Room: Mexican Independence 2:00 1:1 Room Visits 3:00 Chaplain Visit/Rounds 3:45 Canine Visitor	10:00 Morning Westerns - CR 3:30 Independent Jigsaw Puzzles - CR 4:15 Music For the Soul - CR 6:30 Sunset from the Patio
15	16	17	18	19	20	21
8:00 Morning Prayer - CR 10:00 Church/Religious Services - Check Dailies For Details 1:30 Movie & Popcorn - RT Featuring: TBD 3:00 Snack & Refreshment - CR	10:00 Massages* - 10am, 11am, Noon & 1pm 10:30 Outing in the Van 11:00 Oldie TV Series - CR 1:30 WU Sculpture I w/Eliza (MSR) 2:00 1:1 Room Visits 3:00 Card Games - CR	10:30 Chair Yoga - CR 11:15 Horses in the Courtyard! 1:00 Acupuncture* 1pm, 2pm, 3pm & 4pm 1:00 1:1 Room Visits 2:30 BINGO & Wet Your Whistle - CR 3:00 WU Sensory Circle (DWLR)	10:30 Dominoes - CR 2:00 Creative Expressions/Crafts - CR 3:00 Current Events - CR	10:30 Horses in the Courtyard! - CR 3:00 All-Campus Event: WU Learn about Luau's: Hawaiian Luau (AC) 6:00 Current Events	9:30 Board games & Fun- CR 1:30 Armchair Travel in Club Room: Colorful Cuba! 2:00 1:1 Room Visits 3:00 Chaplain Visit/Rounds 3:45 Canine Visitor	10:00 Morning Westerns - CR 3:30 Independent Jigsaw Puzzles - CR 4:15 Music For the Soul - CR 6:30 Sunset from the Patio
22	23	24	25	26	27	28
8:00 Morning Prayer - CR 10:00 Church/Religious Services - Check Dailies For Details 1:30 Movie & Popcorn - RT Featuring: TBD 3:00 Snack & Refreshment - CR	10:00 Massages* - 10am, 11am, Noon & 1pm 10:30 Simple Stretching - CR 11:00 Oldie TV Series - CR 1:30 WU Sculpture II w/Eliza (MSR) 2:00 1:1 Room Visits 3:00 Card Games - CR	"Anyone who thinks fallen leaves are dead has never watched them dancing on a windy day." -Shira Tamir	"A fallen leaf is nothing more than a summer's wave goodbye." - Unknown	"By all these lovely tokens, September days are here. With summer's best of weather and autumn's best of cheer." -Helen Hunt Jackson	BIRTHDAYS Clara Landeros 9/7	
29	30	<h1>SEPTEMBER 2019</h1> <p><i>The Springs - 1st Floor</i></p>		ACTIVITY LOCATOR KEY Activities subject to change. Please see your daily "Today's Happenings." *Sign Up Provider Services		Springs Locations: Acacia Café -AC Balcony -B Club Room (Dining Area) - CR Dining Room 1st Floor -DR1 Living Room 1st Floor -LR1 Rillito Movie Theater - RT Springs Courtyard - SC Springs Vitality Room - SVR
SPECIAL ANNOUNCEMENTS: ACACIA CAFE OPEN DAILY 8a to 6p Breakfast/Lunch/Dinner INDULGE SALON(S) HOURS: Wedn 9a to 1p (Mesquite)* Fri 9a to 1p (Springs)* *And By Appointment				Renew Massage & Wellness Studio Massages by Appointment* Acupuncture by Appointment* Aqua Massage/WATSU by appt.* *Call 520-485-1060 ext. 6100 to make all reservations for services		East Campus Locations: Cottonwood Hacienda - CW Desert Willow Hacienda - DW Mesquite Hacienda - M Stable -ST WU - Watermark University