

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Sunday Stroll (MDR) 10:00 Church/Religious Services - Check Dailies For Details 1:30 Community Cards/Games (DR) 6:00 Residents' Choice TV Series (LR)	8:00 Donuts on Monday Morn (DR) 8:30 Mesquite Morning Stretch (LR) 10:00 Bible Study and Prayer - St. Philips Episcopal (SR) 2:30 Sing A Long with Bruce (DW) 6:00 Residents' Choice TV Series (LR)	9:00 In the Presence of Horses 10:00 Blazing Trails Field Trip -- Shopping Excursion 3:00 WU How to Start a Walking Program: Simple Steps (MLR) 3:30 Cookies & Coffee (DR) 6:00 Residents' Choice TV Series (LR)	8:30 Fit as a Fiddle w Georgie (LR) 10:00 Art Class in the Sun Room 1:30 Bridge Group (SR) 2:00 WU Calming Coloring (DR) 6:00 After Dinner Game Group (LR)	8:30 Thricycle Experience (DWCY) 9:00 JCC & 1:1 with Horses (ST) 11:15 Horses in the MSQ Courtyard 1:15 Aqua Refresh & Stretch! (ATP) 1:30 Prize Bingo (DR) 3:00 Art Project with Nikki (DR) 6:00 After Dinner Game Group (DR)	8:30 Mesquite Morning Stretch (LR) 9:30 History of the Flower of September (DWDR) 11:00 Travel/Acacia Cafe Club: Discovering Iran 3:00 Margarita Social Hour (DR) 3:00 WU I Scream, You Scream: Let's Make Ice Cream! (DWDR) 3:00 Zen Down with Dogs (LR)	10:00 M&M- Manicure & Massages (Hand) (SR) 3:00 Old Fashioned Theater Time with Popcorn: The Break Up 6:00 Residents' Choice TV Series (LR)
1	2	3	4	5	6	7
9:30 Sunday Stroll (MDR) 10:00 Church/Religious Services - Check Dailies For Details 1:30 Community Cards/Games (DR) 6:00 Residents' Choice TV Series (LR)	8:00 Donuts on Monday Morn (DR) 8:30 Mesquite Morning Stretch (LR) 10:00 Bible Study and Prayer - St. Philips Episcopal (SR) 11:00 Fall Prevention w Bayada 2:30 Sing A Long with Bruce (DW) 6:00 Residents' Choice TV Series (LR)	9:00 WU Where Anthropology Intersects with the Horse & Human Experience (ST) 10:00 Blazing Trails Field Trip -- Gadsen-Pacific Toy Train Museum: WU The History of Trains 1:30 Down to Earth Club (TG) 3:30 Cookies & Coffee (DR) 6:00 Residents' Choice TV Series	8:30 Fit as a Fiddle w Georgie (LR) 10:00 Art Class in the Sun Room 1:30 Bridge Group (SR) 2:30 Resident Council Meeting (LR) 6:00 After Dinner Game Group (LR)	8:30 Thricycle Experience (DWCY) 9:00 JCC & 1:1 with Horses (ST) 11:15 Horses in the MSQ Courtyard 11:30 Chair Yoga (LR) 1:15 Aqua Refresh & Stretch! (ATP) 1:30 Prize Bingo (DR) 3:00 WU Makeover W/Jizelle (SCR) 6:00 After Dinner Game Group (DR)	8:30 Mesquite Morning Stretch (LR) 11:00 Travel/Acacia Cafe Club: Great State of Oaxaca 3:00 Margarita Social Hour (DR) 3:00 Zen Down with Dogs (LR)	10:00 Shopping at Target 2:15 Music for the Soul (LR) 3:00 Old Fashioned Theater Time with Popcorn: RV 6:00 Residents' Choice TV Series (LR)
8	9	10	11	12	13	14
9:30 Sunday Stroll (MDR) 10:00 Church/Religious Services - Check Dailies For Details 1:30 Community Cards/Games (DR) 6:00 Residents' Choice TV Series (LR)	8:00 Donuts on Monday Morn (DR) 8:30 Mesquite Morning Stretch (LR) 10:00 Bible Study and Prayer - St. Philips Episcopal (SR) 2:30 Sing A Long with Bruce (DW) 6:00 Residents' Choice TV Series (LR)	9:00 In the Presence of Horses 10:00 Blazing Trails Field Trip -- WU Chinese Cultural History in Tucson & Lunch at PF Changs 3:30 WU Native American Flute 3:30 Cookies & Coffee (DR) 6:00 Residents' Choice TV Series (LR)	8:30 Fit as a Fiddle w Georgie (LR) 10:00 Art Class in the Sun Room 1:30 Bridge Group (SR) 2:00 WU Conversational Coloring with John (CWDR) 2:30 WU Sushi Rolls Part II (MDR) 6:00 After Dinner Game Group (LR)	8:30 Thricycle Experience (DWCY) 9:00 JCC & 1:1 with Horses (ST) 11:15 Horses in the MSQ Courtyard 11:30 Chair Yoga (LR) 1:15 Aqua Refresh & Stretch! (ATP) 1:30 Prize Bingo (DR) 2:30 Operation Gratitude (DR) 6:00 After Dinner Game Group (DR)	8:30 Mesquite Morning Stretch (LR) 11:00 Travel/Acacia Cafe Club: Mexican Independence 3:00 Margarita Social Hour (DR) 3:00 Zen Down with Dogs (LR)	10:00 M&M- Manicure & Massages (Hand) (SR) 12:00 Resident Choice Meal 2:15 Music for the Soul (LR) 3:00 Old Fashioned Theater Time with Popcorn: Murder Mystery 6:00 Residents' Choice TV Series (LR)
15	16	17	18	19	20	21
9:30 Sunday Stroll (MDR) 10:00 Church/Religious Services - Check Dailies For Details 1:30 Community Cards/Games (DR) 6:00 Residents' Choice TV Series (LR)	8:00 Donuts on Monday Morn (DR) 8:30 Mesquite Morning Stretch (LR) 10:00 Bible Study and Prayer - St. Philips Episcopal (SR) 1:30 WU Sculpture I w/Eliza (SR) 2:30 Sing A Long with Bruce (DW) 6:00 Residents' Choice TV Series (LR)	9:00 In the Presence of Horses 10:00 Blazing Trails Field Trip -- WU History of Quilt Making at Tucson Botanical Gardens 3:00 WU Sensory Circle (DWLR) 3:30 Cookies & Coffee (DR) 6:00 Residents' Choice TV Series (LR)	8:30 Fit as a Fiddle w Georgie (LR) 10:00 Art Class in the Sun Room 1:30 Bridge Group (SR) 6:00 After Dinner Game Group (LR)	8:30 Thricycle Experience (DWCY) 9:00 JCC & 1:1 with Horses (ST) 11:15 Horses in the MSQ Courtyard 11:30 Chair Yoga (LR) 1:15 Aqua Refresh & Stretch! (ATP) 1:30 Prize Bingo (DR) 3:00 All-Campus Event/WU: Hawaiian Luau in Springs Courtyard and Acacia Café!!	8:30 Mesquite Morning Stretch (LR) 11:00 Travel/Acacia Cafe Club: Colorful Cuba! 11:00 Watermark on Wheels: "Say Hello to Opera" Grace St. Paul Episcopal Church 3:00 Margarita Social Hour (DR) 3:00 Zen Down with Dogs (LR)	10:00 M&M- Manicure & Massages (Hand) (SR) 3:00 Old Fashioned Theater Time with Popcorn: Dumplin' 5:00 Resident Choice Meal 6:00 Residents' Choice TV Series (LR)
22	23	24	25	26	27	28
9:30 Sunday Stroll (MDR) 10:00 Church/Religious Services - Check Dailies For Details 1:30 Community Cards/Games (DR) 6:00 Residents' Choice TV Series (LR)	8:00 Donuts on Monday Morn (DR) 8:30 Mesquite Morning Stretch (LR) 10:00 Bible Study and Prayer - St. Philips Episcopal (SR) 1:30 WU Sculpture II w/Eliza (MSR) 2:30 Sing A Long with Bruce (DW) 6:00 Residents' Choice TV Series (LR)		"Anyone who thinks fallen leaves are dead has never watched them dancing on a windy day." -Shira Tami	"A fallen leaf is nothing more than a summer's wave goodbye." - Unknown	"By all these lovely tokens, September days are here. With summer's best of weather and autumn's best of cheer." -Helen Hunt Jackson	BIRTHDAYS Lou Petroni 9/6 Phyllis Tunis 9/13 Lois Struthers 9/18
29	30					
SPECIAL ANNOUNCEMENTS: ACACIA CAFE OPEN DAILY 8a to 6p Breakfast/Lunch/Dinner INDULGE SALON(S) HOURS: Wedn 9a to 1p (Mesquite)* Fri 9a to 1p (Springs)* *And By Appointment	Renew Massage & Wellness Studio Massages by Appointment* Acupuncture by Appointment* Aqua Massage/WATSU by appt.* *Call 520-485-1060 ext. 6100 to make all reservations for services	SEPTEMBER 2019 <i>The Inn - Mesquite Hacienda</i>		ACTIVITY LOCATOR KEY Activities subject to change. Please see your daily "Today's Happenings"		Courtyard - CY Dining Room - DR Library - LB (by Sun Room) Living Room - LR Sun Room - SR Stable - ST Springs Vitality Room - SVR Springs Club Room - SCR WU = Watermark University
						Acacia Café - AC Aqua Therapy Pool - ATP Cottonwood Hacienda - CW Desert Willow Hacienda - DW Therapy Garden - TG *AWWW = A Way With Words