SEPTEMBER 2019

*The Garden - **Desert Willow** Hacienda*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Sunday Stroll & Stretch (DR) 11:30 Set Tables/Fold Napkins (DR) 1:00 Movie & Popcorn (AR) **RV** 4:00 CNN/PBS (AR) **1**	9:15 Stretch & Move (SR) 10:00 Bible Study & Prayer St. Philips Episcopal (MSR) **10:30 Meet, Let's Beat (Jamaican Drums) (LR)** **2:30 Sing A Long with Bruce (LR)** 6:00 Netflix Movie (LR) **2**	8:30 Morning Walk (DR) 10:30 Horses in the Courtyard (CY) 2:30 Word Games (DR) **3:00 WU How to Start a Walking Program: Simple Steps that are Easy & Fun (MLR)** 4:00 Zen Down Music & Circle (SR) **3**	9:00 **Horses in the Courtyard!** 9:45 Fit as a Fiddle (SR) 10:00 Art in the MSQ Sun Room **2:00 WU Calming Coloring (DR)** 6:30 Tea and Conversation (DR) **4**	8:30 Thricycle (CY) 9:00 Morning Nature Walk (DR) **10:00 Blazing Trails Field Trip -- Southern AZ Transportation Museum** 3:00 Prize Bingo & Games (DR) **5**	9:15 Stretch & Move (SR) **9:30 WU Friday Flower Arranging Series: History of the Flower of September (DWDR)** **11:00 Travel & Cafe Club: Discovering Iran** 3:00 Zen Down with Dogs (AR) **3:00 WU I Scream, You Scream: Let's Make Ice Cream! (DWDR)** **6**	9:00 Morning Nature Walk (DR) 11:00 Movement, Fun & Games (LR) 1:30 Prize Bingo & Games (DR) 3:00 **Music for the Soul (LR)** 6:00 Current Events PBS (AR) **7**
9:00 Sunday Stroll & Stretch (DR) 11:30 Set Tables/Fold Napkins (DR) 1:00 Movie & Popcorn (AR) **Marry Poppins Returns** 4:00 CNN/PBS (AR) **8**	9:15 Stretch & Move (SR) 10:00 Bible Study & Prayer St. Philips Episcopal (MSR) **10:30 Meet, Let's Beat (Jamaican Drums) (CWLR)** **2:30 Sing A Long with Bruce (LR)** 6:00 Netflix Movie (LR) **9**	8:30 Morning Walk (DR) **9:00 WU Where Anthropology Intersects with the Horse & Human Experience (ST)** 10:30 Horses in the Courtyard (CY) 2:30 Word Games (DR) 4:00 Zen Down Music & Circle (SR) **10**	9:00 **Horses in the Courtyard!** 9:45 Fit as a Fiddle (SR) 10:00 Art in the MSQ Sun Room 6:30 Tea and Conversation (DR) **11**	8:30 Thricycle (CY) 9:00 Morning Nature Walk (DR) **10:00 Blazing Trails Field Trip - WU The History of Trains at the Gadsen-Pacific Train Museum** 3:00 Prize Bingo & Games (DR) **3:00 WU Makeover W/Jizelle (SCR)** **12**	9:15 Stretch & Move (SR) **11:00 Travel & Cafe Club: Great State of Oaxaca** 3:00 Zen Down with Dogs (AR) **13**	9:00 Morning Nature Walk (DR) 11:00 Movement, Fun & Games (LR) 1:30 Prize Bingo & Games (DR) 3:00 **Music for the Soul (LR)** 6:00 Current Events PBS (AR) **14**
9:00 Sunday Stroll & Stretch (DR) 11:30 Set Tables/Fold Napkins (DR) 1:00 Movie & Popcorn (AR) **Walk.Ride.Rodeo** 4:00 CNN/PBS (AR) **15**	9:15 Stretch & Move (SR) 10:00 Bible Study & Prayer St. Philips Episcopal (MSR) **11:00 Outdoor Sensory with Bayada (SR)** **2:30 Sing A Long with Bruce (LR)** 6:00 Netflix Movie (LR) **16**	8:30 Morning Walk (DR) 10:30 Horses in the Courtyard (CY) 2:30 Word Games (DR) **3:30 WU Native American Flute (CY)** 4:00 Zen Down Music & Circle (SR) **17**	9:00 **Horses in the Courtyard!** 9:45 Fit as a Fiddle (SR) 10:00 Art in the MSQ Sun Room **2:00 WU Conversational Coloring with John (CWDR)** **2:30 WU Sushi Rolls Part II (MDR)** **3:30 Art with Nikki (DR)** 6:30 Tea and Conversation (DR) **18**	8:30 Thricycle (CY) 9:00 Morning Nature Walk (DR) **1:00 Blazing Trails Field Trip -- WU The History of Gelato: Watermark on Wheels Frost** 3:00 Prize Bingo & Games (DR) **19**	9:15 Stretch & Move (SR) **11:00 Travel & Cafe Club: Mexican Independence** 3:00 Zen Down with Dogs (AR) **20**	9:00 Morning Nature Walk (DR) 10:30 Girl Scouts & Puppies (LR) 11:00 Movement, Fun & Games (LR) 1:30 Prize Bingo & Games (DR) 12:00 **Resident Choice Meal** 3:00 **Music for the Soul (LR)** 6:00 Current Events PBS (AR) **21**
9:00 Sunday Stroll & Stretch (DR) 11:30 Set Tables/Fold Napkins (DR) 1:00 Movie & Popcorn (AR) **Space Buddies** 4:00 CNN/PBS (AR) **22**	9:15 Stretch & Move (SR) 10:00 Bible Study & Prayer St. Philips Episcopal (MSR) **1:30 WU Sculpture I w/Eliza (MSR)** **2:30 Sing A Long with Bruce (LR)** 6:00 Netflix Movie (LR) **23**	8:30 Morning Walk (DR) 10:30 Horses in the Courtyard (CY) **1:30 Down to Earth Club (TG)** 2:30 Word Games (DR) **3:00 WU Sensory Circle (LR)** 4:00 Zen Down Music & Circle (SR) **24**	9:00 **Horses in the Courtyard!** 9:45 Fit as a Fiddle (SR) 10:00 Art in the MSQ Sun Room **1:00 Blazing Trails Field Trip -- WU Tortilla Factory Tour** 6:30 Tea and Conversation (DR) **25**	8:30 Thricycle (CY) 9:00 Morning Nature Walk (DR) **3:00 All-Campus Event/WU: Hawaiian Luau in Springs Courtyard and Acacia Café!!** **26**	9:15 Stretch & Move (SR) **11:00 Travel & Cafe Club: Colorful Cuba!** **11:00 Watermark on Wheels: "Say Hello to Opera" Grace St. Paul Episcopal Church** 3:00 Zen Down with Dogs (AR) **27**	9:00 Morning Nature Walk (DR) 11:00 Movement, Fun & Games (LR) 1:30 Prize Bingo & Games (DR) 3:00 **Music for the Soul (LR)** **5:00 Resident Choice Meal** 6:00 Current Events PBS (AR) **28**
9:00 Sunday Stroll & Stretch (DR) 11:30 Set Tables/Fold Napkins (DR) 1:00 Movie & Popcorn (AR) **Charlie and the Chocolate Factory** 4:00 CNN/PBS (AR) **29**	9:15 Stretch & Move (SR) 10:00 Bible Study & Prayer St. Philips Episcopal (MSR) **1:30 WU Sculpture II w/Eliza (MSR)** **2:30 Sing A Long with Bruce (LR)** 6:00 Netflix Movie (LR) **30**		**"Anyone who thinks fallen leaves are dead has never watched them dancing on a windy day."** **-Shira Tami**	**"A fallen leaf is nothing more than a summer's wave goodbye."** **– Unknown**	**"By all these lovely tokens, September days are here. With summer's best of weather and autumn's best of cheer."** **-Helen Hunt Jackson**	**BIRTHDAYS** None

SPECIAL ANNOUNCEMENTS:

ACACIA CAFE OPEN DAILY
8a to 6p Breakfast/Lunch/Dinner

INDULGE SALON(S) HOURS:
Wedn 9a to 1p (Mesquite)*
Fri 9a to 1p (Springs)*
***And By Appointment**

Renew Massage & Wellness Studio

Massages by Appointment*
Acupuncture by Appointment*
Aqua Massage/WATSU by appt.*

***Call 520-485-1060 ext. 6100**
to make all reservations for services

ACTIVITY LOCATOR KEY

Activities subject to change. Please see your daily "Today's Happenings"

Activity Room - AR
Dining Room - DR
Living Room - LR
Desert Willow Courtyard - CY
Sun Room - SR

WU - Watermark University

Acacia Café - AC
Aqua Therapy Pool - ATP
Cottonwood Hacienda - CW
Mesquite Hacienda - M
Stable -ST
Springs Club Room - SCR
Springs Vitality Room - SVR
Therapy Garden - TG